

SCHOOL OF NURSING

1ST SESSIONAL EXAMINATION

COURSE- 1ST SEMESTER

TIME – 2 HOURS

SUBJECT –NURSING FOUNDATION 1 TOTAL MARKS-50

Instructions to the Candidates:

- Read the question paper very carefully.
- Start writing from 2nd page onwards; **don't write on the 1st Page Backside.**
- Do not write anything except your Roll No. on the question paper.
- Possession of **Mobile Phones** or any kind of **Written Material, Arguments with the Invigilator or Discussing with Co-Student** will come under **Unfair Means** and will **Result** in the **Cancellation of the Papers.**

ALL THE QUESTIONS ARE TO BE ANSWERED MANDATORY

Q.1. LONG ESSAY TYPE QUESTION: - (2+3+5= 10)

- a. Define communication
- b. Explain the levels and barrier of communication
- c. Explain the methods of effective communication

Q2. SHORT ANSWER NOTES: - (ANY 4) (4x5=20)

- a. Define health. Explain the level of illness prevention and care.
- b. Explain the chain of infection.

- c. Therapeutic positioning
- d. Explain the types and tools of pain.
- e. define nursing. Explain the Maslow's Hierarchy needs?

Q.3 VERY SHORT ANSWER:- (5x2=10)

- a. Definetherapeutic communication .
- b. Define pain .
- c. What are the elements of Communication?
- d. Define nosocomial infection? List down the HAI?
- e. Define Restraints? List down the types of it?

Q.4 .MULTIPLE CHOICE QUESTION:- (10x1=10)

- I. The best position for assessing vital signs----
 - a. Prone position b. Supine position
 - c. Sim's position d. Lithotomy position
- II. When was Florence Nightingale born?
 - a. 12th February, 1820 b. 12th March, 1920
 - b. 12th May, 1820 d. 12th April, 1920
- III. The duration of sleep is regulated by the
 - a. Electrical impulses transmitted to the cerebellum
 - b. Persons innate biorhythms
 - c. Persons innate bio rhythms amount of sleep a person usually requires
 - d. Reticular activating system
- IV. Full form of LAMA
 - a. Live Against Medical Advices b. Leave Against Medical Advices
 - c. Life against Medical Advices d. None of the above

- V. Impaired verbal communication refers to--
 - a. Mental retardation b. expressive or receptive aphasia
 - c. Hearing disability d. decreased delay or absent ability to process and use a system of symbols
- VI. In this stage you determine if the patient has achieved the expected outcome
 - a. Implementation c. diagnosis
 - b. Evaluation d. assessment
- VII. The patient's risk of harm from falls will be evaluated objectively using the _____ tool that will categorize the fall risk as high, moderate or low.
 - a. Morse fall risk assessment b. Hendrill fall risk assessment
 - c. St. Thomas risk assessment d. Humpty dumpty fall scale
- VIII. Alcohol based hand rub is the preferred method of hand hygiene.
 - a. True b. false
 - b. Both a &b d. neither true or false
- IX. Documentation is:
 - a. Written communication b. verbal communication
 - b. Both a&b d. none of the above
- X. Maslow divided human needs into _____ categories.
 - a. Three b. five
 - c. Four d. six

----- **BEST OF LUCK**-----